

Our Health, Our Future Summary



Health and care services in Bath and North East Somerset, Swindon and Wiltshire want to improve services for local people.



We asked people about what support they need to stay healthy and happy, now and in the future.



We heard from lots of people living in our local area. Here's some of the things they said:



- More training for professionals so they can make people feel more relaxed when talking to them, especially those who have learning disabilities and/or are homeless



- Health professionals should use less 'NHS speak' and make sure words are easy to understand

For more detailed information:

visit www.ourhealthourfuture.org or email ourhealth.ourfuture@nhs.net



- Better support for people who care for other people, including more respite care services so they can take a break



- More awareness of how lifestyle choices, like exercise and diet, can affect health



- More sexual and mental health education in school so people can learn about these issues sooner



- People would like to see the same health or care professional at each of their appointments.



Thank you to everyone who completed our survey or talked to us during the campaign.



People's views will help shape local health and care services over the next few years.

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